

Interactions, Side effects, Contra-indications of Dynamin Products

1. DYNAMIN MEGA MULTIVITAMIN:

Side Effects

- Difficulty breathing
- Swelling of your face, lips, tongue, or throat

When taken as directed, multivitamins are not expected to cause serious side effects. Less serious side effects may include:

- Upset stomach
- Headache
- Unusual or unpleasant taste in your mouth

Interactions

Multivitamins can interact with certain medications, or affect how medications work in your body. Ask a doctor or pharmacist if it is safe for you to use multivitamins if you are also using any of the following drugs:

- ✓ an antacid
- ✓ an antibiotic
- ✓ a diuretic or "water pill"
- ✓ heart or blood pressure medications
- ✓ a sulfa drug

NSAIDs (nonsteroidal anti-inflammatory drugs)--ibuprofen (Advil, Motrin), naproxen (Aleve), celecoxib, diclofenac, indomethacin, meloxicam, and others.

Many multivitamin products also contain minerals such as calcium, iron, magnesium, potassium, and zinc. Minerals (especially taken in large doses) can cause side effects such as tooth staining, increased urination, stomach bleeding, uneven heart rate, confusion, and muscle weakness or limp feeling. Read the label of any multivitamin product you take to make sure you are aware of what it contains.

2. DYNAMIN FIBER

Side Effects

- Intestinal discomfort – flatulence, bloating, belching and abdominal cramping
- Diarrhea
- Allergic reaction- Asthma, skin rashes, contact dermatitis

Contraindication

- Intestinal Obstruction
- Diarrhea
- Should not use excess chicory if pregnant. Chicory might start menstruation and cause a miscarriage
- Women should not eat excess chicory while breastfeeding
- Too much chicory can exacerbate gallstones
- Bowel disease and intestinal diseases
- Increases blood pressure, dilates blood vessels, increases heart rate

Toxicity

- Allergic reaction

3. DYNAMIN RASPBERRY KETONE

Side effects

- Increased blood pressure
- Rapid heartbeat

Contra-indication

- Expectant mothers
- Lactating mothers
- Hypertension
- Chronic conditions such as asthma, Chronic obstructive pulmonary disease, Heart disease

4. DYNAMIN GREEN COFFEE

Interactions

Green coffee interacts with many medicines. Some of these include stimulants, blood thinners, and medicines for:

- Heart problems
- Weak bones
- Lung diseases
- Menopause
- Depression
- Schizophrenia

Side Effects

- Urinary tract infects
- Headache

Contra-indication

Women who are pregnant or breastfeeding should not take pure green coffee extract. Most reputable green coffee supplement manufacturers have a warning to this effect on their websites and on their products. It is not because green coffee supplements have been proven to be dangerous for women in these conditions. It's a reasonable precaution because there has not been enough conclusive data from studies involving these types of women, to discount the possibility.

In fact, any type of medication or health supplement can be dangerous for pregnant or breastfeeding women. Any new medication or supplement (or even a food item added to the diet) must first be discussed with the doctor before a woman in this condition consumes them.

5. DYNAMIN GARCINIA CAMBOGIA

Toxicity

Patients taking certain combination of weight-loss supplements containing G. cambogia, severe or even fatal hepatotoxicity may occur.

- Taking Garcinia cambogia along with a medication to control blood sugar, glucose could get dangerously low.

Contraindication

- Avoid use if there is a known allergy or hypersensitivity to any components of G. cambogia.

Side Effects

- Garcinia is POSSIBLY SAFE for most people when taken by mouth for 12 weeks or less. Garcinia can cause nausea, digestive tract discomfort, and headache.
- Stay on the safe side and avoid use during pregnancy and lactation.

6. DYNAMIN VITAMIN D3 CALCIUM

Toxicity:

- Hypercalcemia

High blood calcium levels can lead to

- Calcium deposits in soft tissues such as the heart and lungs
- Confusion and disorientation
- Kidney stones
- Damage to the kidneys
- Nausea, vomiting, constipation, poor appetite, weakness and weight loss

Common side effects:

- Irregular heart beat
- Nausea
- Constipation
- Weakness
- Drowsiness
- Headache
- Dry mouth or metallic taste in mouth
- Muscle and bone pain

7. DYNAMIN MARINE COLLAGEN

Toxicity

Hypercalcemia

Hypersensitivity reactions

Constipation

Fatigue

Abnormal heart rhythms

Contra-indications

Hypersensitivity reactions happen as an abnormal response of the immune system against allergens, such as food, drugs and supplements

8. DYNAMIN VITABULLETS

Contra-indications

- Stomach and intestine disorders
- Gout
- High blood pressure
- Untreated Vitamin B12 deficiency